

Joy

All real pleasure comes from doing God's Will.

T 1 II 104:3

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... whenever you are not joyous,

... you have thought wrongly

...Think honestly what you have thought that God would not have thought, and what you have not thought that God would have you think.

T 4 V 57:2-4

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There is no difference between love and joy. T 5 I 2:4

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The Holy Spirit is the spirit of joy. T 5 III 18:4

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Whenever you are not wholly joyous, it is because you have reacted with a lack of love to some Soul which God created.

T 5 IX 94:1

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What is joyful to you is painful to the ego, and as long as you are in doubt about what you are, you will be confused about joy and pain. This confusion is the cause of the whole idea of sacrifice. Obey the Holy Spirit, and you will be giving up the ego. But you will be sacrificing nothing.

T 7 XI 101:5-8

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The opposite of joy is depression. When your learning promotes depression instead of joy, you cannot be listening to God's joyous Teacher and you must be learning amiss.

T 8 VII 65:2-3

[If I am feeling fear, sadness, isolation, anger...I am listening to the ego voice, not the voice for God which conveys joy, peace, love.]

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God's messengers are Joyous W 100 4:3

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Joy

"I rest in God." ... There is no suffering it cannot heal.
There is no problem that it cannot solve. W 109 3:1...4

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Salvation can be thought of as a game that happy children play. It was designed by One Who loves His children, and Who would replace their fearful toys with joyous games, which teach them that the game of fear is gone. His game instructs in happiness because there is no loser. Everyone who plays must win, and in his winning is the gain to everyone ensured. W 153 12:1-4

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[It doesn't matter what you do, just be joyous about it.]

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[Joy is the measure of a life lived spiritually]

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[Joy is a life in tune]

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