

HEALING

Miracles enable you to heal the sick and raise the dead because you made sickness and death yourself, and can therefore abolish both.

T 1 I 27:1

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All mental illness is some form of external searching. Mental health is inner peace.

T 2 I 17:5-6

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Essentially, all healing is the release from fear.T 2 III 52:7

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All material means which man accepts as remedies for bodily ills are merely restatements of magic principles. It was the first level of the error to believe that the body created its own illness. It is a second misstep to attempt to heal it through non-creative agents. It does not follow, however, that the use of these very weak corrective devices are evil. Sometimes the illness has a sufficiently great hold over a mind to render a person temporarily inaccessible to the Atonement. In this case it may be wise to utilize a compromise approach to mind and body, in which something from the outside is temporarily given healing belief.

T 2 III 57:1-6

[This would justify Cayce and medicine in general.]

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Physical medications are forms of "spells." Those who are afraid to use the mind to heal should not attempt to do so. The very fact that they are afraid has made them vulnerable to miscreation. They are therefore likely to misunderstand any healing they might induce and, because egocentricity and fear usually occur together, may be unable to accept the real Source of the healing. Under these conditions, it is safer for them to rely temporarily on physical healing devices because they cannot misperceive them as their own creations. As long as their sense of vulnerability persists, they should be preserved from even attempting miracles.

T 2 III 62:2-6

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A mind that recoils from a hurt body is in great need of rehabilitation itself. All symptoms of hurt need true helpfulness, and whenever they are met with this, the mind that so meets them heals itself. T 4 IX 105:1-2

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Healing is an act of thought by which two minds perceive their oneness and become glad. T 5 II 5:1

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Healing only strengthens. Magic always tries to weaken. Healing perceives nothing in the healer that everyone else does not share with him. Magic always sees something "special" in the healer, which he believes he can offer as a gift to someone who does not have it. He may believe that the gift comes from God to him, but it is quite evident that he does not understand God if he thinks he has something that others lack. T 7 VI 42:1-5

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When the ego tempts you to sickness do not ask the Holy Spirit to heal the body, for this would merely be to accept the ego's belief that the body is the proper aim of healing. Ask, rather, that the Holy Spirit teach you the right perception of the body, for perception alone can be distorted. T 8 IX 80:5-6

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All forms of sickness, even unto death, are physical expressions of the fear of awakening. T 8 IX 82:2

[Why would I Fear being awake ? Life, as constructed, would cease to exist. No individuality, No separation. A lot of what seems important would no longer be important. We live in a dream of our own making which involves constant comparison with our dream mates. We struggle to distinguish ourselves - a better this or that. More of something than someone else has. Prosperity, good health, good fortune, good luck - all comparisons, all illusions of separateness. -]

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...all healing involves replacing fear with love. T 8 IX 84:2

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Yet sickness is not of the body, but of the mind. All forms of dysfunction are merely signs that the mind has split and does not accept a unified purpose. T 8 IX 88:5-6

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The Holy Spirit teaches you to use your body only to reach your brothers, so He can teach His message through you. This will heal them and therefore heal you. Everything used in accordance with its function as the Holy Spirit sees it cannot be sick. Everything used otherwise is. Do not allow the body to be a mirror of a split mind. Do not let it be an image of your own perception of littleness. Do not let it reflect your decision to attack. Health is seen as the natural state of everything when interpretation is left to the Holy Spirit, Who perceives no attack on anything. Health is the result of relinquishing all attempts to use the body lovelessly. Health is the beginning of the proper perspective on life under the guidance of the one Teacher Who knows what life is, being the Voice for Life Itself. T 8 VIII 79:1-10

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It frequently happens that an individual asks for physical healing because he is fearful of bodily harm. At the same time, however, if he were healed physically, the threat to his thought system would be considerably more fearful to him than its #physical expression. T 8 XI 108:4-5

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...the unhealed healer does not know how to give, and consequently cannot share. He cannot correct because he is not working correctively. He believes that it is up to him to teach the patient what is real, although he does not know it himself. T 9 IV 25:2-4

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The only meaningful contribution the therapist can make is to present an example of one whose direction has been changed for him, and who no longer believes in nightmares of any kind. T 9 IV 27:1

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The therapist does not heal; he lets healing be....The Holy Spirit is the only therapist. He makes healing clear in any situation in which he is the guide...He will tell you exactly what to do to help anyone He sends to you for help and will speak to him through you if you do not interfere.

T 9 IV 28:1-8

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Because the miracle worker has heard Him, he strengthens His Voice in a sick brother by weakening his belief in sickness, which he does not share. T 9 X 90:4

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Very simply, your lack of faith in the power that heals all pain arises from your wish to retain some aspects of reality for fantasy. T 17 II 3:3

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Its (the body's) health or sickness depends entirely on how the mind perceives it, and the purpose that the mind would use it for. T 19 II 3:3

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The body needs no healing. But the mind that thinks it is a body is sick indeed! T 25 I 3:1-2

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A broken body shows the mind has not been healed. A miracle of healing proves that separation is without effect. What you would prove to him, you will believe. The power of witness comes from your belief. T 27 III 16:8-11

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Always in sickness does the Son of God attempt to make himself his cause, and not allow himself to be his Father's Son. T 28 III 18:1

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I have forgotten what I really am, for I mistook my body for myself. Sickness is a defense against the truth. But I am not a body. And my mind cannot attack. So I can not be sick. W 136 22:1-4

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So do we lay aside our amulets, our charms and medicines, our chants and bits of magic in whatever form they take. We will be still and listen for the Voice of healing, which will cure all ills as one, restoring saneness to the Son of God. No voice but this can cure.

W 140 10:1-3

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He is not healed. He merely had a dream that he was sick, and in the dream he found a magic formula to make him well. Yet he has not awakened from the dream, and so his mind remains exactly as it was before. He has not seen the light that would awaken him and end the dream.

W 140 2:1-4

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The acceptance of sickness as a decision of the mind, ...
is the basis of healing. M 5 5:1

[The reasons, the gains behind the choice of sickness can perhaps be sorted out, but healing doesn't require this, only that you go forward in the belief that you can have health by accepting that it comes from the mind's choices - you must choose forgiveness. - 16 Mar 03]

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Healing is always certain. It is impossible to let illusions be brought to truth and keep the illusions. M 6 1:1-2

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That forgiveness is healing needs to be understood, if the teacher of God is to make progress. M 22 3:1

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[God does not want us to be sick. We do not want to be sick. In a world of our own creation, the result of our mind's activity, how then can we possibly be sick ? -]

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[When you extend your hand to lift a brother, remember Christ, the source of unlimited strength, and hold onto him with your other hand. You can perhaps lift your brother to your level, Christ can lift you both to God. -]

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[For, all healing comes from the one source. And whether there is the application of foods, exercise, medicine or even the knife - it is to bring the consciousness of the forces within the body that aid in reproducing themselves - the awareness of creative or God forces.

Cayce 2696-1]

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[Turning to God, listening more to the voice, as a response to illness does not imply a belief that illness is a punishment God inflicts to bring us back on the path or because he is being ignored. God is love, his way is forgiveness not retribution or retaliation. Rather, illness is a strengthening of the ego's way which happens because the mind is not drawing on the strength and wholeness of God. The emergence of health can also be an ego strengthening response if the mind is manifesting life in disregard of God's voice. - 2007]

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["You are congested because your life is congested". - 31 Mar 10]